

The magazine of Brighton Hash House Harriers (twinned with Bangkok Hash House Harriers)

R-ns/trash #171 August 2011

http://www.brightonhash.co.uk/

All r\*ns are on Mondays meet at 19.30 for 19.40 start unless stated.

All directions/ timings are approximate and start from Patcham roundabout A23/A27 junction unless stated).

DATE #NO ON ON MAP REF HARES

1st August 2011 1728 Coach & Horses, Chelwood 412 287 Mike 'Anybody'

**Directions**: A27 east to first Lewes roundabout. Left on to lights then lef on A275 to North Chailey. At A272 carry on on A275 to Danehill. Left on School Lane and pub on left 3/4 mile. **Est. 30 mins**.

8th August 2011 1729 The Hurstwood, High Hurstwood 495 257 Bob & Chris

Directions: A27 east to 2nd roundabout. Left through tunnel and left on A26. At junction with A22 turn left. Right at 3rd roundabout towards Buxted. 3rd left and pub 2km on left. Est. 30 mins.

15th August 2011 1730 The Cat, West Hoathly 363 326 Keeps It Up & Wildbush Directions: A23 north to Bolney junction with A272. Back under A23 to Ansty and stay on A272 into Haywards Heath. Left on B2028 through Lindfield. Immediately after Ardingly take right on Cob Lane. Pub c.2.5 miles on right.. Est. 30 mins.

22nd August 2011 1731 Cricketers Arms, Berwick BN26 6SP 519 053 Matthew

**Directions:** Follow A27 east past Lewes. Stay on A27 through Beddingham for 4 miles. Turn right just before Alfriston roundabout for pub. **Est.** 15 mins.

29th August 2011 1732 Hangleton Manor, Hangleton 265 057 Ivan & Mike 'Anybody'

Directions: A27 west and take second exit; left at next two roundabouts then right at t-junction. Pub on left. 10 mins. 5 mins

5th September 2011 1733 TBA Kit & Dave

#### RECEDING HARELINE:

12/09/11 Angels 250<sup>th</sup> & Bouncer 20 years hashing. All other hares on summer recess!

All other hares on summer recess! Now's your chance if you haven't set before, or for a while.

CRAFT HASH #39

12/08/11 Gosport

Thought for the day:

I really wanna do it with you, i wanna get all hot and sweaty and listen to each other breath hard...... so you wanna go hashing



# HASHERS...

If you look in the mirror and see a beer belly, bald head, big red nose, varicose veins, and a complexion like leather, ...Look on the bright side.... at least your eyesight is OK!!

I am writing to introduce an event that will be taking place in your region in September.

To mark the centenary of Captain Scott's expedition to the Antarctic we have created a unique John O' Groats to Lands End sledge pulling relay event. We are running with sledges the entire length of the UK, in a relay format. This is a fundraising event aimed at raising money for scholarships to allow young people



the opportunity to participate in exploration and adventure. We still have gaps in our routes and are appealing for runners to join the relay. You can run by yourself or in groups of up to five for a minimum of five miles. The sledges are lightweight and are easy to run with. If you are interested check out our website and get in touch to see if the route goes near your town. This is a fantastic opportunity to support youth development programs and enjoy a run. Part of the money raised can go to a charity of your choice.

More information available at www.sss100.org Or you can get in contact with us at office@sss100.org

Even if this event is not for you we would greatly appreciate it if you could circulate the email.

Thanks for your time

Lydia Rickard - Project Assistant

Subject: Brighton Marathon

Hi there.

My name is Claire Kennedy and I work for Kiya Survivors. We are a Hove based charity working with children with learning disabilities in the remote areas of Peru, giving education, support and love.

We have places for the Brighton Marathon and are looking for dedicated runners who would like to run for us and raise money for a really wonderful cause.

Please take a moment to look up our video on You Tube explaining more about what we do.

I would really appreciate it if you forward this email to anyone you think might be interested in running for us. If you have any questions let me know, otherwise I look forward to hearing from you soon!

Warm regards and many thanks!

Claire claire@kiyasurvivors.org

Active Kiya Coordinator Kiya Survivors

'Mil Padrinos' – 1000 child sponsors will secure the long term future of the Rainbow Centre. Please become one of the 'mil padrinos' and sponsor a child at www.kiyasurvivors.org/sponsor-child

+44 (0)1273 721092 www.kiyasurvivors.org UK Registered Charity No: 1121519



PRICE:

# BARNES H3 2011 XMAS WEEKEND



### A MURDER MYSTERY

FANCY DRESS DINNER DANCE 25th - 27th NOVEMBER 2011 WHITE HART HOTEL www.whitehartlewes.co.uk LEWES, E SUSSEX

# THE PRICE INCLUDES:

B&b friday &/or only saturday. Saturday run, sip stop, pub food, dinner & dancing, inc. Wine & disco. Plus sunday morning hangover run. (Friday evening pub crawl and curry - at your own expense)

Prices held from 2009 AND 2010! £20 deposit with booking!

FRIDAY & SATURDAY: £130 pp SATURDAY ONLY: £90 pp

Ah Argghh me hearties! Join the W&NKH3 for a weekend of Pirates and Treasure September 17th & 18th, Horsham area

NOW WITH ADDED CRAFT! RATSTAIL WILL BE SETTING A PUB CRAWL AROUND BRIGHTON ON FRIDAY 16TH MARCH FROM 7PM. GENEVA H3 WILL BE THERE SO LET'S GIVE THEM A BIG WELCOME!

Treasure Hunt round the breweries and pubs in Horsham on Saturday 17th September, followed by prize giving and curry There is now both a Premier Inn (opposite the station) and a Travel Lodge (town centre) for those who want accommodation overnight to rise fully refreshed for a classic Pirate Hash in Maplehurst on Sunday 18th September. Forms now available.

On on

Fetherlite, Scud, Chips and Layby



#### Scientific Research

The research has just been completed:

One thing about Hooters is 9 out of 10 men prefer women with big hooters and the 10th guy prefers the other nine guys!

Because you **are** one of the 90 percent then TODAY IS YOUR LUCKY DAY!

#### I Love Research!

And Remember Girls - We Only Stare Cuz We Care

#### New T shirts

It's been several years since we had a new hash t-shirt (1500<sup>th</sup> run) apart from the ale trail freebies, and we've had a lot of new faces in that time! So Brent & Kayleen have looked into sourcing and printing a new shirt that can be used as a club strip rather than event specific. The hash vests used by the occasional racers provided the basis for the colour (lurid green) and although there is a slight difference between mens and ladies they now have the new shirts with the printers. Costs tha but will be in the region of £8 - £9. An initial run will be made based on orders received at the Ray Noakes memorial run (co-incdentally the last time we had a non-event shirt was the Ray memorial 'Run of the Downs' in Millwalls colours), but if you missed this and would like one please let Brent or Kayleen know asap for the  $2^{\rm nd}$  run.



#### How many can you name (see #170) - left to right; top to bottom:

Ruth 'Shoeless' Baines, Philip 'Clueless' Baines (or was it the other way round?), Sarah Russell, Ollie Wigdor, Martin 'VNM' Pedlow, Toby, Sasha Pyatt, Andy Elliott, Gabrielle 'Angel' Biggins nee Stickland, Wiggy, Emilia Vargha, Teresa Mickleburgh, David Taylor, Brenda Essex, Dave 'Spreadsheet' Evans, Julia Madigan, Don Elwick, Jenny Taylor, John 'Bouncer' Biggins, Phil 'Chopper' Mutton, Bob 'Airman' Luck, Rosemary Noakes, 'Young Les' Plumb, Chris 'Greyhound' Dauncey, Sid Wells, Jonathan Fallowfield, Guy Plumb, 'Aunty Jo' Jex, Brett 'Gotlost' Hughes, Tony 'Greyhound' Fallowfield, Chris Petty, 'Cardinal Hugh' Martin, Niel 'Robbo' Robinson, Sheila Luck, Mickey Hayler. Editors decision subject to constructive criticism and amendment!

You'll see from the run list that Matthew has provided a post code for the Cricketers, which got me thinking that, as many people now use satnav, maybe we should change from OS refs to post codes. Or maybe provide that as an addition? Let me know what you think, but it will initially be incumbent on the hares to provide that info. until the database starts to get populated with the postcodes.

Bouncer



### <u>UK NASH HASH 2011 26-29<sup>th</sup> August</u> [Hosted by Wessex Hash House Harriers]

Woo hoo! Well done Brighton people, on our biggest ever attendance at Nash Hash with no less than 8 already registered, and for once that figure doesn't include mini-Bouncers Crackerjack, Gooey and ET, who aren't going. At the time of going to press that's more even than our near neighbours, East Grinstead H3 who for many Nash Hashes have provided the ultimate in shiggy hashes as one of the trails available. Sadly I'm already aware that this edition will not be out in time to remind any late registrees about the final rego price increment so if you do want to get involved the best bet is to try scrounging for a transfer.

Full report next issue of how the coped with the Flintstones fancy dress theme and other exploits from Angel, Bouncer, KIU, Wildbush, Black Stockings, Red Slapper, the Falling Madonna and A.N. Other (tbc - Nicola told me but I forgot her name - doh!).

On on, Bouncer

#### CRAFT #38 - Testiculator & Ging Gang Goolies Housewarming, Three Bridges

I made a point of getting to Three Bridges a bit early as Daffy was heading straight from work and was delighted to see P trail actually marked! Bumping into Eric the Viking we decided to check the Snooty Fox in case Daffy had gone there to bide his wee (that's vernacular that is. Google it or ask Eric.), but a thorough search including a complicated route into the front garden revealed nothing so one pint on we hit the trail to the new house.

Despite Testi spreading rumours they'd bought the old signal box, it was actually a bit of a stretch from the station, and on an estate, but we arrived to find Daffy, G3 and Testi enjoying some decent ale from the Beer Seller in Horsham. Well Ging Gang and Daffy were, while hardened aleman Testi was on the Pimms! We were hotly pursued by Little Bear, and Yorky Porky and Skylark arrived soon after, the latter wearing some strange leafs on the side of his head. "It's for setting the most dangerous hash of the year for City H3", he explained, "You know, 'elf and safety?". The worry is he then proceeded to describe a normal day at the office for Brighton H7! Townies; don't know they're born.

Our hosts decided that this was a good time to line bellies and produced a very fine pair of chillies, although I can only vouch personally for the veggie, which had me disregarding my temple body and heading back for seconds, as soon as Keeps It Up and Wildbush had their portion.

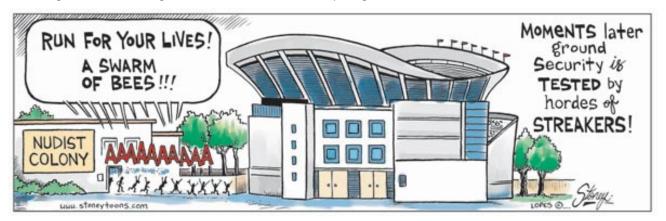
Hare then decided that he really ought to head off and set trail and there then followed a fair old walk along the old railway, and through the housing estates to #1 Frogshole Farm, the only Camra listed pub in the area. A pint of Cottage went down well in the busy garden as I contemplated the possibility of a Monday hash. Hares's favourite was #2 the Hillside Inn, which again was a respectable walk serving well to fire up our thirsts. Although not hot it was still ok to again sit outside but our first table was caked in lime so a hasty move was called for. Testi warned us about #3 the White Knight, which was basically a pub of convenience, being halfway back to the station. Although loud and a typical new town style locals local we still felt reasonably welcome, especially as my beer was free just because it didn't clear immediately! Discussion took place here about the future CRAFT's and, more importantly, who wanted tickets for Welton's Old Friday. That was when we realised that with KIU, Wildbush, Testiculator, Ging Gang Goolie, Radio Soap and Cyst Pit all in Japan for the Nip Nash Hash, they'd all be missing it. Somehow it ended up with Yorky Porky offering to hare CRAFT #41 on October 7th in Tokyo!

Somehow it seemed a much shorter walk back to Three Bridges station where we bypassed a couple of pubs (due to lack of beer) to fall into #4 the Plough. The perfect Grenadian skin of Little Bear meant that she was delayed slightly by the zealous

bouncer (no relation) on the door checking ID. Luckily Daffy had foreseen the problem and made her apply for a provisional driving licence as proof she could drink. Apparently just having a hash t-shirt isn't enough. Once inside we got comfortable on the pool table to the chagrin of the locals, especially as the hit and hope game had them convinced we were taking the .. er .. mucking about. Eventually a bit of blinding luck had Bouncer taking the game, same luck continuing through to put local in his place! Get in there YLB. Our final port of call had Eric and I revisiting our earlier watering hole, with a return to the Snooty Fox, and gradually another great night was wound up as people headed off for the trains.



Congratulations to Brighton and Hove Albion on the opening at last of their brand new stadium, the Amex:



# REHASHING

#### #1725 - Greyhound, Keymer - Liams debut

Whether the weather be fine, Or whether the weather be not, Whether the weather be cold, Or whether the weather be hot, We'll weather the weather, Whatever the weather, Whether we like it or not.

Hang on, start again. Whether the fine weather was responsible or virgin hare Liam (finally able to commit to haring after a slight role-change at work), we were presented with a massive pack of old and new faces, guests and visitors, at the pub. At the start Liam caused panic by announcing that he'd cut a section of the run out and reduced it to between 6 & 10 miles! So no-one mentioned guide summer rules of 15 min/miles = max. trail of 5 miles then?

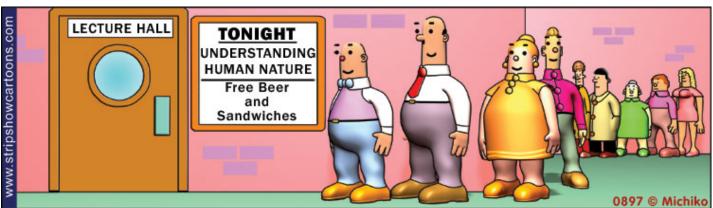
As we set off hare did a sharp left into one of the houses, so inevitably Bouncer followed but it wasn't the route. Surely he'd learnt from Ivan never to trust the hare? Initial enthusiasm was tempered by the amount of road in the early stages as we headed directly, do not pass Go, to the Downs. Pack got flung far and wide on the long walk up, but the views were great. Some confusion at the top, when FRB's couldn't believe it was as simple as straight along the SDW and led a large contingent astray. At the windmills it was round the back of Jill, and then down, but here the hare did get clever, and instead of the obvious routes, left no marker in any direction until almost at the bottom. Inevitably there was some SCB'ing whilst the bulk of the pack headed into Clayton, along the line path and through the woods, visitor Stretch had spotted a path across a field and was taking it, especially after having fallen off the hill in the wrong place. Apparently a great battle took place in order to get back on trail involving stingers, barbed and electric wire, streams and hedges but who listens to SCB's anyway eh? The final run-in was straightforward on the dog walkers path back to a well-earned pint.

In the pub some kind of quiz persuaded us into the garden where to our great surprise and pleasure another old face awaited in the form of Les 'the barfly' Courtney. Reunions were many and enthusiastic, so hopefully we'll see him again soon. Mudlark decided that a pint should be awarded to the virgin hare and Liam demonstrated how to drink navy style! Another great hash!

#### #1727 - Royal Oak, Poynings - Ray Noakes memorial

As it was 10 years to the day, it seemed an apposite time to recall our old friend, especially with the anniversary of Rays passing landing on an actual hash night. Rosemary had found an old map of Rays 700<sup>th</sup> run from just a few days before he died, so with the help of daughter Sarah decided that we could run the same trail again. The size of the pack, albeit supplemented by Portslade Hedgehoppers (welcomed at the start by Rosemary) and Rays extended family, shows that Ray is still remembered with a great deal of affection, and of course many were wearing the blue Ray memorial t-shirt. Your scribe can vouch for the fact that hash memories, when it comes to trail recollection, are short and so we were soon floundering after an optimistic start past the Church and through the farm. Trail was found west and past the rec out through the fields, before we started the long climb up the inevitable, although inaccurately named, Downs. The \( \frac{3}{4} \) check had the FRB's flummoxed, not least because it was offset from the obvious path, but also because it led back down to the Shepherd and Dog. More confusion at the pub and an unplanned regroup, as hounds looked around for the sip, gave those who'd made it to the top plenty of time to get back in touch and off we went again through the fields to the north. Pack was soon strung out as the trail, designed in days when we were collectively faster and fitter, took its toll, although Adrian and Bouncer seemed to have had plenty of energy to race when another opportunity for the sip stop presented itself. You may not have noticed this as Adrian was so far ahead! Soon enough the walkers were in sight and it was a short trip down the road to finally find the sip just a few yards from the pub. Beer was much appreciated and a toast raised to Ray before we headed in. Sarah had expressed concern to hubby Simon that she may have to do a Down Down, who confessed it had been so long since

his last hash that he'd forgotten what it was. So a nominated beer was passed by the hare to remind him, while Ivan was also given one after running a Facebook naming for his new rabbit. Rejecting lots of good suggestions - Stu, Snowflake, Hash, Marathon, Boiler, and Psycho, and even ignoring the obvious Hash Hare, he finally plumped for Amy (after the Winehouse). Heinous. Another Great Hash, although Rosemary later said it was a shame we hadn't read out the Run of the Downs.



# WHAT BRIGHTON HASHERS ARE UP TO - IVAN LYONS 50 MARATHON CHALLENGE:



"Thank you, boys and girls. Now will everyone in the back row please hold up their medals - good - now all please look slightly to the left at my colleague and . . . . that includes the gentleman in the middle . . . . hello! . . . . oh, never mind.

Thanks for the support so far, folks. This photo appeared in The Argus on 1<sup>st</sup> August – on behalf of the Brighton Marathon raised sponsorship funds to the Martlets.43 marathons run so far by yours truly. Only 7 to go! What will I do thereafter? For the latest news please click on the link http://www.webjam.com/50marathons.

#### **Running Around In Circles**

I am often asked which is my favourite marathon that I have run so far. My answer is always the same, as I genuinely enjoy all the marathons that I have run. I am particularly attracted to cross country marathons, as you have the additional challenge of hills, mud & stiles – but are usually blessed with beautiful views & countryside, rather than running along tarmac.

However, city marathons have their attractions, as the crowds turn up, there is a buzz & often entertainment along the route together with more feed stations as a rule.

Nevertheless, the last marathon I have just run – Faversham, was not on paper, one of those marathons that I was particularly looking forward too. You may well ask that if this was not a race that appealed – then why run the 26.2 miles? Well, I suppose, it is a bit like asking a mountain climber. Why do you want to climb Mount Everest? And the answer, being – because it is there!

So, I was recently drawn to Faversham, to run marathon number 43. It is not that Faversham is not a nice place. Until this weekend I hadn't visited the town. Indeed, the marathon didn't actually run through Faversham very much! In fact the marathon only ran just over a kilometre around the town (or 0.63 miles to be precise). This is because the whole race took place within a recreation ground. Each runner (there were 60 of us) ran 40.5 times around the park on mainly tarmac, that included one small hill – which of course was run up....40 times! I have never ran a race that included so

many laps and certainly there was an element of mental toughening needed, as you passed the same drink station so many times, where each runner's lap times were counted. As the laps passed, the race did become easier and knowing that you were never more than six minutes away from completing a lap certainly helped. The winner completed his race when I still had to run another 7 laps, however, every finisher was given a trophy and tape finish. I was most pleased with my 12<sup>th</sup> position even if I had to spend nearly 3 hours 45 minutes – running in circles!

Next marathon: Seaford – 21st August



### WHAT BRIGHTON HASHERS ARE UP TO - MORRIS DANCING:



Why? When Where Wed-day Poets Corner Chanctonbury 20th July Montgomery St 8.00pm Weekend Whitstable Kent Dead Horse 22-24 July Ale Thursday Iron Duke to Sea Front 28th July Waggon & horses Saunter stopping 8.00pm wherever Cuckoos Nest Sunday Cycle Tour 31 July Thursdays in Seven Dials We just turn up August Western Road where the fancy takes us Beach BBQ Poets Corner Thursday Earth & Stars We go eco 1 Sept Windsor St friendly 8.00pm Cuckoos Nest Thursday Coach House Squires Last 8<sup>th</sup> Sept Stand Rottingdean 8.00pm Weekend Pecsaetan BMM boys 16<sup>th</sup> -18th Sheffield/Edale weekend away Sept Thursday A secret location AGM29th Sept for plotting 8.00pm Rolling Out the Old We celebrate Saturday 1st Oct Harvey's Old Thursday Hanover Hall Your chance to 6th Oct Southover Street be imbued with 8.00pm the mystery Lewes Folk festival On our doorstep Saturday 8th Oct Thursday 1st Lewes high Street Lewes Shopping Dec 7.30pm Night

Small print - we aim to please and to turn up promptly but the weather; alcohol and other dodgy factors may change this programme at short notice - check our website or twitter for further information or contact our mums. This should have appeared in the last issue but the editor managed to Black Hole the leaflet handed over by Charlie – sorry! Not too many left this season.

# The Back Page Blurb

In this year of royal nuptials, as the saintly Kate and rakish Wills get down to the business of generating the next generation of gossip fodder, consider the role of your local morris men in such shenanigans. Traditionally the Morris have had the enviable responsibility of promoting fertility, a role much studied by social historians or other crackpots. Morris dancing has been claimed to be a remnant of a pre-Christian Celtic, or Druidic, fertility dance. The music and dances, it is argued, speed the flow of blood; the fluttering handkerchiefs replicate the frenzied attack of the male sperm on the inner sanctum, and the bells, and clashing sticks scare away malevolent spirits. Modern fertility experts have no doubt investigated such claims but have yet to take the bold step of encouraging young couples to invite a bunch of hairy, corpulent, beer swilling pagans in to the bedroom to share their problem. Medical science may prefer in vitro fertilisation techniques but could one day advocate the musicality of the morris as a way of developing differences in pitch, rhythm and harmonies between struggling lovers. To be fair dancing on a modern nylon-based shag, whilst luxurious, tends to mute the bells, thus hampering the usual intense intercourse between dancer and audience. This is why Brighton Morris are enthusiastic supporters of the UK Laminate Floor Coverings Industry. The Tudors, big fans of solid wood flooring but not particularly prolific on the baby front, were keen on the Morris dance and it became associated with May Day revels and licentiousness. To this end, there is also a fairly strong link with intoxicating liquor. Today the popularity of English Ale has been seen as a factor in a decline in male fertility. Brighton Morris drink an awful lot but an analysis of the current teams fecundity supports the premise that bearded alpha males of the type you see before you, skilled in the alluring movement of limbs and breast, invariably make successful mates. On current projections the team will, by 2100 have provided an additional 1000 ratepayers for Brighton, a feat Wills and Kate would have to work at very hard to match! We wish them luck.







- Forensics had trouble drawing a line around Winehouse's body; she kept snorting it.
- McDonald's have created an Amy Winehouse McValue meal. Don't get too excited though, it's just Coke & Ice.
- Amy Winehouse had so many chemicals in her system, they had to perform the autopsy on a periodic table.
- Congrats Amy Winehouse, 9 days sober
- Amy Winehouse walks into a bar. The bar-tender walks over and says "sorry, we don't serve spirits in here".
- Too bad her parents can't keep her ashes, it would be possession of a class A drug.
- Sources say police have estimated Amy Winehouse's ashes at a street value of £500,000.
- Elton John will perform at Amy Winehouse's funeral with a beautiful rendition of Candle Under The Spoon.
- Amy Winehouse's manager is said to be unfazed by the news of her death. He said, "I'm not sure it'll make much difference to her performance"
- Just heard about the death of one of the biggest stars of our time. We all knew they had it coming with the pale white skin and slits for a nose, they'll be greatly missed. RIP Voldemort...

Which reminds me that with the release of the latest Harry Potter film he finally destroys his great adversary, 'He Who Must Not Be Named'. So that would be Ryan Giggs then.

#### MISSING WIFE

Dear sirs.

I am writing to ask your help in locating my missing wife. We were on a wonderful trip to Africa for our honeymoon several months ago. One day, she just disappeared and could not be found anywhere. I contacted local authorities and international police to assist me in locating her. To date, all of our attempts to find her have been unsuccessful. I am now desperate to find my lost love and am trying to use the internet to locate her. Please forward this to everyone you know so I can spread the word on locating my missing wife.

Mr. Adam Small Oregon, USA

After a few weeks search...

Dear Mr. Small,

We have found your wife in a remote village in Africa. However, it is unknown how she became separated from you, nor is she able to talk because of lockjaw, but we are under the impression that she does not want to leave. We have tried for several days to bring her back home, but she is insistent on staying here and has a small problem walking. I have enclosed a picture for you to see that she is okay, and not let you worry because she is in good hands here in this village. Please contact us if there is anything else you might want to know.

Nairobi Police Department

